

## **Extended references: Chapter 34 Using research to inform practice**

### **How to do research**

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### **Overviews of current research knowledge and evidence**

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Gelo, O.C.G., Pritz, A. and Rieken, B. (eds) (2015) *Psychotherapy Research: Foundations, Process, and Outcome*. New York: Springer.

### **What to read: building your research awareness to inform your practice**

A wide range of relevant research articles are cited throughout *An Introduction to Counselling and Psychotherapy: Theory, Research, Practice, and Social Purpose*, 7<sup>th</sup> edn.

Qualitative studies that use interview methods to explore the client or therapist experience of therapy, can be an exceptionally valuable source of learning. Suggestions for particularly stimulating examples of this kind of research are available in two sections of the present *Online Learning Centre*:

*A guide to reading research on the client's experience of therapy*  
*Research on professional knowledge*

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### **Critical issues in research: challenges and areas of innovation**

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